

Naturopathy | Panchakarma | Yoga | Physiotherapy | Acupressure
Meditation | Colon Hydrotherapy | Diet Therapy

WORLD CLASS NATUROPATHY TREATMENT IN NAGPUR



Yoga Timing

5:30 AM to 6:30 AM

Treatment Timing

Morning: 7:30 AM to 12:30 PM

Evening: 5:00 PM to 8:00 PM

Monday Closed

Clinic Address

124, Bhartiya Gruhasamasya Nivaran
Sansthan, Behind Purushottam Bazar,
Beltarodi Road, Manish Nagar, Nagpur

Mob: +91 7057314702 **Ph. No:** 0712-6601279

Website: www.kratinwellness.com

Facilities - Outdoor | Day Care | Indoor

Naturopathy - A way of life

Everybody desires to live a healthy, happy, long-life, free from any illness. Naturopathy is a multifaceted, drugless system of treatment which not only treats the body and mind but also teaches us to love the nature and live in harmony with it.

For imparting treatment, natural elements like water, heat, earth, air and sound are used along with balanced nutritious diet. It helps the body to cure the root cause of the diseases rather than suppressing the symptoms.

Advantages

- ✓ Improves quality of life
- ✓ Detoxifies the body
- ✓ Enhances immunity
- ✓ Increases energy level
- ✓ Reduces stress
- ✓ No side effects
- ✓ Preventive approach to wellness
- ✓ Cost effective

Therapies we offer



Massage



Shirodhara



Basti



Nasya



Sun Bath



Hip Bath



Steam Bath



Sauna Bath



Diet Therapy



Yoga



Physiotherapy



Acupressure



Underwater
Massage



Mud
Therapy



Potli
Massage



Dry Powder
Massage



Stone
Therapy



Ion
Detox

Colon Hydrotherapy - Cures Constipation



- Makes the digestive system more effective
- Increases absorption of nutrients
- Kick-starts weight loss
- Increases energy & immunity
- Improves whole-body well-being
- Stimulates metabolism

Rinse | Cleanse | Hydrate | Renew

1st TIME
IN NAGPUR



Diseases we manage

We handle all kinds of ailments, particularly chronic, as listed below.



Arthritis & Knee pain



Asthma & Bronchitis



Acidity & Constipation



Allergy & Skin Care



Alzheimer's Disease



Ameobiasis



Anemia



Depression & Stress



Diabetes



Gynec Problems



Gastritis



Headache & Migraine



Hypertension



Heart Disease



Infertility



Irritable Bowel Syndrome



Insomnia



Jaundice



Kidney Care



Muscular Dystrophy



Mental dis-order



Liver disorder



Obesity



Osteoporosis



Parkinson's Disease



Piles



Prostate Problems



Paralysis



Re-habilitation



Sciatica



Spondylitis & Backache



Sinusitis



Sleep Walking



Thyroid



Ulcer



Varicose Veins

Facilities

Outdoor

- Once a day treatment

Daycare

- Morning Yoga
- Twice a day treatment (Morning & Evening)
- Nutritious balanced diet

Indoor

- Morning Yoga
- Twice a day treatment (Morning & Evening)
- Nutritious balanced diet
- Accommodation in A/C & Non A/C room
- Pickup & drop from airport/railway station



- Individualized, integrated medical program for everyone
- Blends ancient medical practices with latest technologies
- Focuses on preventive approach to wellness
- Guide & mentor patients to adopt a healthy life style
- Qualified, experienced & skilled team
- Clean & hygienic environment

'Rejuvenate your body, mind & soul'

Please call us for further details



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